

G.P.O. 6427, Paknajol, Thamel, Kathmandu, Nepal Tel: 00977-1-4700302, Fax: 00977-1-4700122 Email: <u>info@travelhimalayan.com</u> Website: <u>www.travelhimalayan.com</u>

## Kailash Helicopter Yatra – 12 Nights 13 Days.



Kailash Yatra by Helicopter begins form the remote territory in West Nepal. We fly to Simikot and simultaneously to Hilsa airstrip from where we drive to sacred Kailash Mountain. Driving via Purang, this is the shortest approach to Mt. Kailash and Lake Mansarovar. The Kailash helicopter tour is purposed for those Kailash traveler and pilgrimage tourist who are looking and willing to explore amazingly beautiful and highly revered Kailash Mansarovar in short time-period. We offer those devotees an opportunity to visit





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and to offer divine devotion to Lord Shiva and Buddha. The Kailash Helicopter tour is connected from Nepal far west remote village Simikot than drop to Nepal China Border Hilsa border along the Karnali riverbank, 'Nepal Longest River that emerges from Mt. Kailash itself. Easy Chinese immigration formalities and then continuation of overland drive to Lake Mansarovar followed by the sacred walk around the Mt. Kailash is by far the holiest and the life changing trip possible in the shortest time period.

The 52km Kailash pilgrimage sacred walk explains many different religious stories on every step. Thousands of yatri undertakes the most famous yatra among which Hindus and Buddhist devotees every year knowing of their religious values, cultural significance and physical beauty of Kailash Mountain and Mansarovar Lake in Tibet will thrill their lives naturally and religiously.

#### Fixed Departure Dates by Helicopter via Simikot-Hilsa-Purang.

| Month     | 2024 Fullmoon Departure dates |
|-----------|-------------------------------|
| Мау       | 14 to 26 May                  |
| June      | 13 to 24 June                 |
| July      | 12 to 23 July                 |
| August    | Not conform                   |
| September | 09 to 20 September            |

## KAILASH YATRA COST

| Package                      | Yatra cost in per person |
|------------------------------|--------------------------|
| Kailash Yatra by Helicopters | US\$ 4300 per person     |

#### We Are Associated With:



Tours • Trekking • Pilgrimage Tours • Mount Kailash Yatra • Hotel Booking • Air Ticketing



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#### Day 01: May 14: Welcome in Kathmandu.

After the arrival in Kathmandu. Meet and greet at the airport and escort you to the Hotel, Collect your passport for Chinese visa process. Dinner and night stay at a Kathmandu hotel.

#### Day 02: May 15: Tour in Kathmandu

Morning, take hotel to Pashupatinath temple for Rudra Abhishek + Hawan + Aarati with Brahman priest / Pujari and special Darshan in Pashupatinath temple with special permit. Back to Hotel and evening yatra briefing by Tour Manager. Himalayan Glory Travels and Tours (P.) Ltd. Breaktast, Lunch and Dinnerd ay Planner in Himalayas" Hotel in Kathmandu

#### Day 03: May 16: Temple tour of Kathmandu and Fly to Nepaljung.

Visit Doleshwornath Temple (Head of Kedharnath Temple) and Talest Shiva Statue at Saga. Then visit Sleeping Vishnu Temple and back to Hotel. After Lunch drive to Airport and fly to Nepaljung. Transfer to Hotel

Breakfast, Lunch and Dinner Hotel at Nepaljung

#### Day 04: May 17: Nepaljung – Simikot flight – 2050m.





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Early morning drive to Nepaljung airport, take flight to Simikot (2950m altitude) remote village of far west Nepal. Travel around and get acclimatize. Breakfast, lunch, dinner and guest house.

#### Day 05: May 18: Acclimatize day at Simikot - Explore Simikot

Morning breakfast, Warm up walk around Simikot village to get acclimatize. Rest and explore the Simikot for High altitude Acclimatization. Meal: Breakfast, Lunch and dinner prepare by Hotel

#### Day 06: May 19: Helicopter to Hilsa – Drive Purang (3800m)

About 20 minutes Helicopter flight to Hilsa, cross Chinese immigration and drive to Purang/Taklakot. About 30kms paved road drive reach to Hotel. Rest day for acclimatization. Purang /Taklakot is already 3800m.

# Breakfast Lunch Himala and Blory Travels and Tours (P.) Ltd.

"Holiday Planner in Himalayas"

Day 07: May 20: Journey to Mansarovar Lake (4540m) 2 hours

Morning drive to Mansarovar Lake via Rakes Tal, (Only 90 kms drive take only 2 to 3 hours) almost full day and night at Mansarovar. 4500m.

Breakfast, Lunch, Dinner and very basic guest house on sharing.

#### Day 08: May 21: Mansarovar Lake to Yamadwar 1 hour drive, trek to Derapuk Kailash Kora day one to Derapuk. 5160m. 5 to 6 hours.

Morning, drive to yamadwar, Begin Kailash parikarma day one - 'Kora a sacred walk around the Kailash 52km' Today, walk only 5 hours. Stay at Deraphuk, north Face of Kailash parbat. 5160m.

Breakfast, Lunch, Dinner and very basic guest house on share basic.





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Day 09: May 22: Kailash Parikrama day two – Dolma-La pass (5630m) Zutulpuk (4800m)

The second day of Kailash Scared walk 'Kora' cross Dolma La pass (5630m) highest pass on the the parikrama, Gauri kunda darshan, Ganesh Kunda darshan and Shivatsal About 9 to 10 hours trek. Long and hardest day of the kailash yatra. Breakfast, Lunch, Dinner and very basic guest house on share basic.

Day 10: May 23: Complete Kailash Parikrama Drive to Mansarovar Lake – (4540m)

Third day of Kora trek to Chongdo, complete the Kailash Parikarma, complete Mansarovar Lake parikrama by drive and stay at Mansarovar Lake –full Moon Night. Breakfast, Lunch, Dinner and Guest House.

Day 11: May 24: Mansarovar – Purang Hilsa – Simikot Die back in Hilsa boler, teke helle opter ride to Simikot Anght Tours (P.) Ltd. "Holiday Planner in Himalayas" Day 12: May 25: Journey back to Kathmandu.

Fly back from Simikot to Nepaljung by regular flight and to Kathmandu by regular flight.

Breakfast, Lunch, Dinner and good Hotel.

#### Day 13: May 26: Free and Drive to Airport or onward destination.

Breakfast only and final departure or extend tour to Muktinath temple or other tours.

#### TRIP INCLUDES:

Airport pick up and drop off service.





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- As per itinerary 5 star hotel in Kathmandu, 4 Star hotel in Nepaljung, Purang and Darchen, Standard hotel in Simikot and Mud house dormitory 3 -4 beds sharing basic accommodation in Mansarovar Lake and Kailash Parikrama..
- Special entry Pashupatinath Darshan, Rudraabshishek, Hawan by Pandit.
- Yatra Support Team crews Cook, Cook helper, guide and Sherpas.
- Fresh cooked vegetarian meal by our cook. Hot and cold drinks. (Breakfast, Lunch, Dinner with seasonable fruits).
- Necessary Tibet Travel permit, Tibetan Guide, All Monastery and Kailash entry Fees and Tibet Visa.
- Support truck for carry food + staff.
- Reliable, Experience and service oriented English/Hindi speaking guide from Nepal and English Speaking guide in Tibet.
- Lifesaving oxygen tank with mask, regulator and first aid medicine kitt during Parikrama and Charan Sparsh.
- Emergency Call Service (Pay calls).
- Kathmandu Nepalgunj Simikot return Flight and by helicopter to Hilsa from Simikot (Round Trip)
- Special entry permit to Simikot
- Complementary Yatra duffel bag, side bag, down jacket and walking pole.

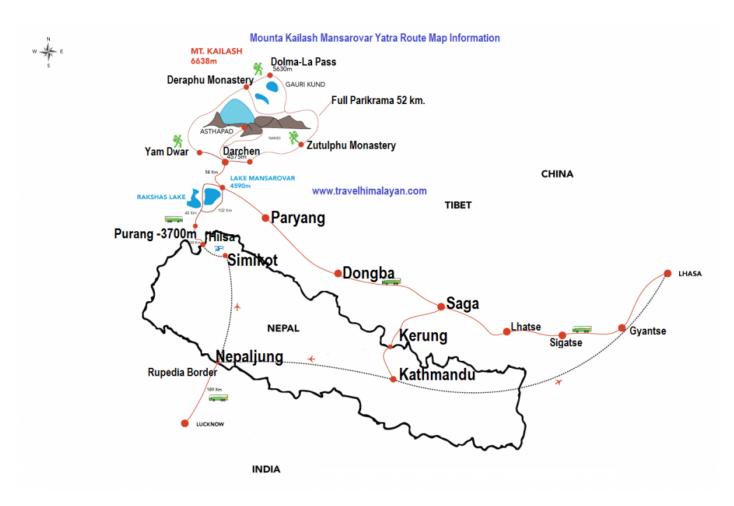
#### TRIP EXCLUDES

- Nepal Visa (30 US\$ for 15 days and 50 USD for 30 Days multiple entry)
- Personal Travel insurance and Rescue Evacuation on the tour.
- All expenses of personal nature
- Bar bills and Beverage
- Tips for staff
- Kailash Tour Rescue jeep encase needed if someone need to go back earlier than group.
- Extra cost incurred in case of Landslide or natural problem.
- Personal clothes & equipment for yatra. (We do provide you down jackets, yatra bag and walking pole on free of cost)



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### Kailash Yatra general route map



## **Recommended packing list for Kailash Yatra**

- ✓ Small bag -3 days Kailash parikrama.
- ✓ Enough warm clothing for Kailash tour.
- ✓ Any regular medicines that you taking.
- ✓ Toiletries (shampoo, toothpaste, brush etc.)

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- ✓ Drinking water bottle for Kailash tour
- ✓ Thermos flask for hot water (1 litters)
- ✓ Sport shoes good for walking.
- ✓ Woolen socks (minimum 2 pairs)
- ✓ Wool /Thermal underwear.
- ✓ Shirt-pants which easier doing Kora
- ✓ Sunglasses, Sun lotion / cold cream.
- ✓ Camera and battery charger.
- ✓ Torch light, rain coat and a plastic sack.
- ✓ Some suites-candy-chocolates, sweets to avoid dry mouth.

## Cancellation policy 1. All notice of Lincelation year be Griding your office weekse and Tours (P.) Ltd.

Verbai cancellations will be not entertained

3.21 days period from tour departure date 30% cancellation 15 days

period from our departure date 50% cancellation

4. 7 days & less period no show 100 % cancellation (no refunded)

## **Important Pre Departure Information**

## • Food catering during the Kailash Mansarovar Yatra

In the kailash mansarovar yatra, we serve 100% Vegetarian foods combined South Indian and others. All the hygienic food cooked by our Chef and need and clean kitchen staff.

### • Age Limit

Age limit is 65 years old but we are able to get Tibet Permit for people above 70 years also in the past (for international passport holder). However, we cannot guarantee that permit will be issued. However this age limit is valid only for Indian passport holders.





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### Clothing for Kailash Yatra:

Casual wears and comfortable walking shoes are required. Be sure to bring warm clothing as the nights and early mornings can be quite chilly to severe cold. Indian Pilgrims are strictly advised not to wear Sari. Bring all the film, medicine, cosmetics, personal toilet items etc. that you will need from home as these are difficult to obtain on the way. A small first aid kit is also a good idea to take. Also quite useful is a route map, to know where you are going and have been on each day.

### Special require for your comfort

Walking stick, Drinking water bottle, 1 trekking shoes for 3 days round & sport shoes in the bus or city walking, Mouth mask, sun hat, eye glace, cold cream and hand sanitizer.

### • What to take?

Winter wear: wind proof jacket, Down jacket, raincoat or windbreakers, thermal under wears, lackets, warm trousers & woolen shirts (cotton will also fine), warm sweaters, woolen gloves, sun hat, comfortable shoes, woolen balaclava ('monkey cap') & scarf/dust mask to protect your eyes & nose from dust imalayan Glory Travels and Tours (P.) Ltd. with you/Equipment list for Kailash Yatra:

Day snacks along the way, Chocolates, dry fruits, Glucose or any kind energy bars, water bottle & water, Personal medical kit and Diamox tablet (for high altitude). Sun glasses (to protect your eyes from UV, which is especially strong in high altitude). Sun block or sun screen lotion, wet tissues (Fresh-ones are excellent to wipe off the dust), doe-spray (handy hand sanitizer round of spray in the toilet ), toilet paper, torch lights & spare batteries, daypack (small shoulder bag), if needed Camera & films, Binocular.

### • Health and risks:

This is one of the toughest high altitude road journeys on earth. You must be physically fit. Generally patients with asthma & heart problems have a problem to acclimatizing to high altitudes. In your interests it is essential, you should be examined by your doctor to know about your health condition and your ability to cope up with the rigor of high altitude travel to extreme cold, dust, trekking to an altitude of 5630 meter Dolma-La pas during the Kailash round.





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### Risk of Altitude Sickness:

As you are traveling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation or acclimatizes. This can take a couple of days or more depending on an individual. For this reason alone, we have made it mandatory to stay 2 nights at Nyalam (12000ft). Yatris (Tourists) can also make this Kailash journey taking the flight from Kathmandu to Simikot by Helicopter/ Lhasa and Kerung city as well and it will be shorter days to make completes. Drink plenty of water, be calm, and do not exercise. Do not drink alcohol or smoke prior to and during the tour. We also recommend you carry a strip of diamox tablets. Do consult your physician on the dosage. We provide (Lifesaving oxygen cylinder with regulator and mask device in case of altitude sickness which is world class equipment for high altitude area up to Mt. Everest).

### Currency:

Important: 2000INR rupees and 500INR rupees bills are not allowed in Nepal while you are travelling in Nepal. We suggest all yatri if possible need to carry with them some US\$ or 100 NRC. rupees bills or US\$ cash. The unit of Chinese currency is Yuan. USD-1 = 6.50 Yuan. 1 Yuan = INR 13 approx.; Money can be exchange at Bank of China at Lhasa, Kerung border or Purang or from the local peoples and guide at Lhasa.

### • Risks & Liability:

Himalayan Glory Travel and its associates will take its high attention always to make your journey smooth and pleasant. However, all the tours in Tibet are conducted strictly under the rules & regulation of Tibet Tourism Bureau. Therefore, Himalayan Glory Travels & Tours (P) Ltd and its counterparts shall not be responsible for any change and modification in the program due to unavoidable circumstances such as landslide, road blockage, flood, snow, political unrest, ther natural digester and cancellation of flight, delay arrival, sickness or accidents. Any extra cost incurred thereof shall be borne by the clients on the spot on their own.

#### Happy Journey to Kailash & Mansarovar Yatra 2024 ... Om Namo Shivaya !





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