

# **Himalayan Glory Travels and Tours**

### Annapurna Base Camp Trek

# **Trip Overview**

### The best trek to observe the reflection of Himalayan Mountains..

This trek offers the opportunity to stand at the base camp of Mt. Annapurna as well as Mt. Machapuchre. The trek leads you to Annapurna Base Camp at the elevation of 4130m traversing through Poonhill. Poonhill is one of the best places to see the view of sunrise and panoramic view of Himalaya.

The trip starts at the cultural hub of Kathmandu where you will see the medieval art and culture. After leaving Kathmandu, you will head towards Pokhara where you will see the nature at its best. You will be spending your time beside and inside some of the lakes and caves.

Your trek begins as soon as you leave Pokhara. You will walk through the Annapurna Conservation Area Project (ACAP) where you will be able to see the some rare floras and faunas. You will walk along the diverse landscape as you climb and descend hills throughout your trek.

You will see the amazing view of mountains including Dhaulagiri, Machapuchre and Annapurna itself. The encounter with ethnic tribes like Gurung, Magar and Thakali will let you gain some knowledge about their culture and lifestyle. Regarding the safety while undertaking this trekking adventure, the entire infrastructures of the trials have been assessed and declared safe.

# **Trip Highlights**

### Day 1: Day 1: Arrival in Kathmandu, Overnight at Hotel

Arrival to Kathmandu airport and transfer to hotel. B/B plan.

#### Day 2: Day 2: Half Day Sightseeing Tour

Half-day sightseeing tour in UNESCO sites of Kathmandu Valley including Buddhist stuppas, Hindus Temple and wooden carving pagodas king palaces and necessary preparation for the trek. Hotel B/B plan.

#### Day 3: Day 3: Kathmandu Pokhara (Drive/Flight)

Morning drive to Pokhara by tourist bus/private or flight to pokhara and explore beautiful city

pokhara with guide hang out around overnight at hotel B/B plan.

#### Day 4: Day 4: Pokhara to Tikhedhunga

Trek begin drive from Pokhara to Birethanti about 40km. takes 1.30 minutes (1100m) than 4 hours short trek to Tikhadhunga 1600m. Overnight at local guest house. B/L/D.

#### Day 5: Day 5: Trek to Ghorepani Poon Hill (3200m)

Trek to Ghorepani (2800m) about 6 to 7 hours hike via ulleri village stay at local guest house. It is a small village . mostly guest house on the top of forest. Poon hill (3200m) B/L/D.

#### Day 6: Day 6: Poon Hill to Tadapani Trek

Trek to Tadapani (2600m). Early morning we climb about 400 meter to poon hill to see the great mountain view and sunrise. Poon hill is one of the famous short trek in Annapurna foothill trail where you can view great Himalayan trail range above the 8000 meter mountains. About 5 to 6 hours trek along the rhododendron forest trail with the view of Annapurna, Dhaulagiri and some of wildlife like langoor monkey birds etc. Local lodge stay with B/L/D.

#### Day 7: Day 7: Tadapani - Chhomrong Trek

Trek to Chhomrong (2170m) takes about 5 hours including downhill and normal mountain trail. Cross the suspension bridge and villages. Local guest house with B/L/D.

#### Day 8: Day 8: Sinuwa - Dovan Trek

Trek to Dovan via Sinuwa and Bombo (2610m). About 5 to 6 hour trek along the stone paved steps trail and suspension bridge up and down track and along the dense forest. Local lodge B/L/D.

#### Day 9: Day 9: Deurali - Machhapuchhre Base Camp Trek

Trek to Machhapuchhre Base Camp (3700m). About 6 to 7 hours trek along the conserved den forest trail on modi river canyon. Cross the Himalaya and lunch in Deurali. On the trail we cross some of avalanches areas and visit the hinku caves. After 3500m. the tree lines will finished only the mountain bush can be seen. You can have a great view of Mt. Fish Tail. Local mountain guest house with B/L/D.

#### Day 10: Day 10: Annapurna Base Camp Trek

Trek to Annapurna Base Camp (4130m) Takes only 2 to 3 hours trek and rest of time is leisure. We

visit around and close the Annapurna glacier. That is the end point of our Annapurna Base Camp trek. 360 degree panoramic view of mountain you will enjoy lot. In morning great sunrise view of Mt. Annapurna and more on the Himalayas. A big cold night. Guest house with L/D/B

#### Day 11: Day 11: Annapurna Base Camp - Dovan Trek

Trek back to Dovan along MBC, Himalaya, Deurali and Dovan takes about 6 to 7 hours trek all the way down hill. (2200m) local lodge with B/L/D.

#### Day 12: Day 12: Dovan - Jhinu Danda Trek

Trek to jhinu Danda - Hot spring (1700m) Trek about 5 hours and afternoon you can go for natural hot spring for bathing. There are 3 small pool you can lay down on hot water pool. Local guest house B/L/D.

### Day 13: Day 13: Landrug Village - Pothana Trek

Trek to Pothana via Landrug village, Tolkha and New suspension bridge. (1800m) takes about 5 to 6 hours all mixed trail up and down with few suspension bridge. The landrug village is beautiful and small pass Deurali offer again Great Dhaulagiri mountain view. Short down hike to pokhara along the forest ridge you can have beautiful valley view around pokhara. Local lodge with B/L/D.

#### Day 14: Day 14: Pothana - Pokhara Trek

Short trek about 3 hour trek down to Phadi (930m) then drive back to pokhara. Leisure afternoon and hotel with B/B plan. The Annapurna Sanctuary trek will end from pokhara. Hotel B/B plan. (Option - Pokhara is a small and clean tourist town. If you want there you can have some extra adventure activities like Paragliding, Ultra light flight, Zip Flying and Boating on Lake. Please if you interested for those activities let us know.)

#### Day 15: Day 15: Pokhara - Kathmandu (Drive/Flight)

In morning drive/fly to Kathmandu and free time for shopping or leisure before depart home. Hotel B/B plan.

#### Day 16: Day 16: Depature to onward destination

Free and drive to Airport or onward destination. Final departure.

# **Cost Include**

- Airport picks up & drops.
- Hotels at Kathmandu as per itinerary.
- All meals & accommodation during the trekking period.
- All Entrance fee and Trekking permit(TIMS).
- Domestic airfare and airport tax.
- Highly experienced guide and staffs.
- Staffs food, clothing, salary and insurance.
- All necessary grounded transportation.
- Travel & Rescue arrangements.
- Welcome & farewell dinner in Kathmandu at typical Nepali restaurant.

### **Cost Exclude**

- Visa Fees
- International air fare
- Personal expenses (phone calls, laundry, bar bills or extra porters)
- Excess baggage charges
- Rescue & Evacuation
- Travel and rescue insurance
- Lunch & evening meals in Kathmandu.
- Tips for guides and porters (for staff)

### **Route Map**

### **Joint Group Cost:**

US\$1000