

## **Himalayan Glory Travels and Tours**

### **Annapurna Circuit Trek**

### **Trip Overview**

The globally popular trek that traverses across the highest pass Thorung La...

This trek also known as Round Annapurna Trek is a globally popular trek amongst the trekkers. The trek takes you to an elevation of 5416m while crossing the Thorung La Pass. The trek traverses through the Manang valley following the trial along the Marsyangdi River and passing through the deepest gorge of the world Kali Gandaki.

The trek begins from the mid-hill region and eventually takes you to the higher elevation passing the diverse landscapes. You will get to see amazing floras and faunas during your trek inside Annapuna Area Consrvation Project (ACAP). You will get a closer look to the Gurung, Magar and Thakali Culture during your trek as you travel through the habitat of these ethnic tribes.

The trek will also lead you to Muktinath; the common pilgrimage for both Hindu and Buddhist. You will later arrive to Jomsom to experience the power of wind. The trial will keep surprising you all along the way through magnificent scenery of mountains beside you. The biological and cultural diversity is another attraction to this trek.

Regarding the safety while undertaking this trekking adventure, the entire infrastructures of the trials have been assessed and declared safe.

### **Trip Highlights**

Day 1: Day 1: Arrival in Kathmandu airport and transfer to hotel

Day 2: Day 2: In Kathmandu half day sightseeing and necessary preparation for the trek

Day 3: Day 3: Kathamndu to Beshi Sahar (790m) by Local Jeep drive to Jagat, (1400m)

Day 4: Day 4: Trek to Dharapanil (2200m)

Day 5: Day 5: Trek to Chame (2700m)

Day 6: Day 6: Trek to Pisang (3200m)

Day 7: Day 7: Trek to Manang (3400m)

Day 8: Day 8: Excursion day around the Manang village

Day 9: Day 9: Trek to Yak Khark (4000m)

Day 10: Day 10: Trek to Thorong Phedi (4500m)

Day 11: Day 11: Trek to Muktinath (3810m) Via Thoron-La (5415m)

Day 12: Day 12: Trek to Kagbeni (2600m) after Muktinath Temple Excursion

Day 13: Day 13: Trek to Late/Kalopani (2400m)

Day 14: Day 14: Trek to Tatopani (1100m)

Day 15: Day 15: Trek to Ghorepani (2800m) PoonHill (3200m)

Day 16: Day 16: Trek to Hile (1500m) via Poon hill

Day 17: Day 17: Trek back to Pokhara via Birethanti (1100m) and overnight at hotel

Day 18: Day 18: Pokhara to Kathmandu by tourist bus and overnight at hotel

Day 19: Day 19: Kathmandu free day

#### **Cost Include**

- All Ground Transport
- English speaking guide and support porter.
- Hotel tourist standard in kathmandu with B/B plan.
- All necessary Annapurna Punhill trekking permit and full board meal during the trekking.
- Insurance and equipment for trekking guide and porter.

#### Cost Exclude

- Nepal visa and Exit flight form Kathmandu.
- Drinks and bar bills during poonhill trek.
- Meal as per itinerary.
- Personal clothing and equipment for Annapurna Foothill trekking.
- Tips for guide and porter.

 $\bullet$  Travel insurance extra expense.

## **Route Map**

# **Joint Group Cost:**

US\$