

# **Himalayan Glory Travels and Tours**

#### **Everest View Trek**

## **Trip Overview**

Overall a relative short trekking holiday in Everest Region catering all the highlights of Khumbu

Everest view trek is a short classic trek to the Everest region, ideal for those not willing to walk all the way to Everest base camp or those not having fewer days to spend in Himalayas. This trek offers close views of Mt. Everest and other mountains of Khumbu Region as well as cultural insight on the lives of the legendary Sherpa people of the Everest region.

Our trek starts with a spectacular mountain flight to Lukla, which is the gateway for Everest region trekking. Everest View Trek continues through the lush vegetation of Sagarmatha National Park, which is one of the Natural world heritage sites of Nepal declared by UNESCO.

A day of rest is necessary in Namche in order to be properly acclimatized to high altitudes. We will continue the trek up to the Tengboche monastery at 3860m, which is one of the major highlights of Everest View Trekking. This is the famous monastery in Everest region, that commands a superb view of Ama dablam at its backdrop. Similarly, a visit to Syangboche will offer you perhaps the most stunning view of Everest and other mountains of Khumbu region. Khumjung , is the biggest Sherpa villages of Khumbu region , you will get an opportunity to see the Sherpa culture and their astonishing traditional life style, Buddhist monasteries, Hillary school and khunde Hospital. Trekking down to Lukla from where you will take a short flight back to Kathmandu.

# **Trip Highlights**

Day 1: Day 1: Arrival in Kathmandu airport & transfer to hotel.

Day 2: Day 2: Trekking preparation in Kathmandu/Free day

Day 3: Day 3: Fly to Lukla (2700m) and trek to Phakding (2600m)

Day 4: Day 4: Trek to Namche Bazaar (3450m)

Day 5: Day 5: Excursion to Thame Monastery (3800m) and back to Namche

Day 6: Day 6: Trek to Thyangboche (3880m).

Day 7: Day 7: Explore around Pangboche(4030m) back to Tyangboche.

Day 8: Day 8: Trek to Jorsalle (2760m)

Day 9: Day 9: Trek to Lukla (2800m)

Day 10: Day 10: Lukla fly back to Kathmandu and free day

Day 11: Day 11: Kathmandu free day

Day 12: Day 12: Transfer to international airport for departure

#### **Cost Include**

- Airport picks up & drops.
- Hotels at Kathmandu as per itinerary.
- All meals & accommodation during the trekking period.
- All Entrance fee and Trekking permit(TIMS).
- Domestic airfare and airport tax.
- Highly experienced guide and staffs.
- Staffs food, clothing, salary and insurance.
- All necessary grounded transportation.
- Travel & Rescue arrangements.
- Welcome & farewell dinner in Kathmandu at typical Nepali restaurant.

## **Cost Exclude**

- Visa fees
- International air fare
- Personal expenses (phone calls, laundry, bar bills or extra porters)
- Excess baggage charges
- Rescue & Evacuation
- Travel and rescue insurance
- Lunch & evening meals in Kathmandu.
- Tips for guides and porters (for staff)

# **Route Map**

## **Joint Group Cost:**