



**Himalayan Glory  
Travels and Tours**  
"Holiday Planner in Himalayas"

# Himalayan Glory Travels and Tours

## Langtang Circuit Trek

### Trip Overview

**Get ready to go around the famous Langtang Region, which has recently restricted for trekkers; however will soon begin to cater the amazing holidays as before...**

Langtang Circuit Trek takes you to "the valley of glaciers and Frozen Lake", where trekkers get to see the wonderful mountainous landscape. Throughout the trek that treads the trail along the beautiful valleys, we get to see spectacular mountains soaring up to the sky. The lower part of valley caters exceptionally lush pine forest, pleasant pace Himalayan Rivers and swift highland streams, rugged rock and snow-capped peaks, grassy downs and meadows strewn with daisies and wild primulas.

As the trek gains height to the upper part of the valley the pleasantly moving liquid highways manifest anger with rapid torrents, the high passes to get across to another hamlet are covered with mist and the small lakes with icebergs floating cater sparkle because of brightness when sunlight falls on them.

Langtang Circuit Trek has been suspended temporarily because of the devastating quake that had made huge adverse impact on the region. The renovation process regarding the trails and the teahouse enroute has begun and soon the trek shall be opened for trekkers. The Circuit Trek also goes around Holy Gosainkunda lake, which holds highly believed myth amongst the Hindus. The myth says in ancient days Lord Shiva drank the water from the spring that fed the lake. Buddhists also believe the landmark sacred because of the holy myth that states Milerapa walked across the lake that had the water of God.

Explore the best of Langtang Region, during the Langtang Circuit Trek. Witness the incredible culture of Tibetan Tamangs, savor the Himalayan magnificence dominated by Langtang Lirung and most importantly ascend to the top of Tsergo Ri, where you get to witness the exceedingly beautiful Himalayan panorama.

### Trip Highlights

**Day 1: Day 1: Arrival to Kathmandu airport and transfer to hotel**

**Day 2: Day 2: Full day valley sightseeing tour and necessary preparation for the trek**

**Day 3: Day 3: Drive to Syabru Beshi (1462m) and overnight at hotel**

**Day 4: Day 4: Trek to Lama Hotel (2500m)**

**Day 5: Day 5: Trek to Langtang (3100m)**

**Day 6: Day 6: Trek to Kyanging Gompa (3750m)**

**Day 7: Day 7: Excursion to Tserko Ri Peak (5033m) and over night at Kyangching Gompa**

**Day 8: Day 8: Trek to Ghora Tabela (3050m)**

**Day 9: Day 9: Trek to Syabru (2200m)**

**Day 10: Day 10: Trek to Dhunche (2100m)**

**Day 11: Day 11: Drive to Kathmandu (1300m)**

**Day 12: Day 12: Kathmandu free day**

**Day 13: Day 13: Transfer to airport for your departure flight**

## **Cost Include**

- All Ground Transport
- English speaking guide and support porter.
- Hotel tourist standard in kathmandu with B/B plan.
- All necessary langtang trekking permit and full board meal during the trekking.
- Insurance and equipment for trekking guide and porter

## **Cost Exclude**

- Nepal visa and Exit flight form Kathmandu.
- Drinks and bar bills during langtang trek.
- Meal as per itinerary.
- Personal clothing and equipment for langtang trekking.
- Tips for guide and porter.
- Travel insurance extra expense.

## **Route Map**

## **Joint Group Cost:**

US\$1100