

Himalayan Glory Travels and Tours

Helambu Trekking

Trip Overview

Soft and easy trek around Kathmandu that caters the best of semi-urban culture and the fascinating aspects of the nature and the Himalayas...

The short and easy trek that takes you the incredibly beautiful places lying in close proximity to Kathmandu Valley, Helambu Circuit Trek is famous for its astounding natural and the cultural delights. Just few kilometers north of Kathmandu lies an interesting settlement Sundarijal, from where the trek begins. Walking along the lush green trails of Shivapuri National Park and frequently emerging out to the culturally rich ethnic villages are the fantastic highlights of the trek. Meeting the trekkers who have trekked to the elevated landmarks of Langtang Region and listening to their stories that describe the wondrous aspect of Langtang Region is also the important aspect of the trek as this trek treads the lower trails of Langtang Region.

The trek takes you to those landmarks from where the Himalayan panorama are sighted in best frames possible and the effort required to see these wonderful Himalayan landscapes is very negligible. Hence, this trek is designed for those trekkers, who are not comfortable to undertake strenuous walk in the elevated regions of the Himalayas.

Trek catered on teahouse basis takes you to the village above the clouds, Kakani from where the views of lush green hill with the backdrop of Himalayan peaks including Langtang Range and Manaslu Range dominate the skyline in the horizon. Similarly, the latter half of the trek that goes to Dulikhel, extremely peaceful hill-station famous for off the beat peaceful stay and Himalayan views, Dulikhel is the bonus reward of the Helambu Circuit Trek.

Trip Highlights

Day 1: Day 1: Arrival in Kathmandu airport and transfer to hotel.

Day 2: Day 2: Full day valley sightseeing tour & preparation for trek.

Day 3: Day 3: Drive to Sundarijal (1600m) & trek to Chisapani (2200m)

Day 4: Day 4: Trek to Kutumsang (2250m)

Day 5: Day 5: Trek to Tharapati (3100m)

Day 6: Day 6: Trek to Tarkeghayang (2500m)

Day 7: Day 7: Trek to Kakani (1960m)

Day 8: Day 8: Trek to Melamchepul Bazaar (828m) Drive to Dhulikhel hotel

Day 9: Day 9: Visit Dhulikhel Newari village Drive to Kathmandu hotel.

Day 10: Day 10: Free day in Kathmandu (Mountain flight on request).

Day 11: Day 11: Transfer to international airport.

Cost Include

- All Grounded transport by private.
- Hotel as per itinerary in kathmandu with B/B plan.
- All necessary helambu trekking permit.
- Guide porter and insurance for them.
- All the meal during the helambu trekking

Cost Exclude

- Flight ticket and Nepal visa.
- Personal clothing and equipment for helambu Trekking
- Meal as per itinerary in Kathmandu.
- Tips for guide and porter.
- Travel insurance and rescue service.

Route Map

Joint Group Cost:

US\$1100