



**Himalayan Glory
Travels and Tours**
"Holiday Planner in Himalayas"

Himalayan Glory Travels and Tours

Everest Base Camp Tour

Trip Overview

The ride along the Friendship Highway that runs between the Himalayas of Nepal and Tibet taking you to the base camp of mighty Everest

Tibet Everest Base Camp Tour is one of the most popular holidays across the world. The ride along the Friendship Highway that stretches along Trans Himalayan route joining two Nepal and Tibet is the lifetime adventure every traveler craves to undertake.

The journey begins with the cultural sightseeing tour of Tibet's capital Lhasa. The cultural sightseeing tour in Lhasa comprises the visit to majestic Potala Palace, three monasteries of Shakpya Sect Norbulinka, Drepung and Sera monasteries, incredible Jokhang temple and the vibrant Barkhor Square. The prime highlight of the tour now begins to unfold as it begins to hit the road on Friendship Highway. Traversing across Khamba La Pass we come to encounter the exceedingly beautiful Yam Drok Tse Lake. The Tibetan cities like Gyantse and Shigatse that pride on historic and sacred Tibetan monasteries and fortress are worthwhile exploring. The Tibetan landscapes from the acme of 5000m plus passes that we come across frequently are simply magnificent. The major highlight of the trip goes on the off the beaten rugged trails to Rongbuk, the world's highest altitude monastery and simultaneously the Everest Base Camp. Throughout the ride along the Friendship Highway, the Tibetan culture, the awe-inspiring Himalayan and the typical arid Tibetan landscapes and the cool Himalayan breeze will keep on mesmerizing you.

The final section of the trip is not less fascinating as it continues towards the Nepalese border town Kodari via high passes and fascinating Tibetan towns like Zhangmu and Nyalam. On crossing the bridge over Bhote Koshi, the Tibetan guides shall handover all your responsibilities to local Nepalese guides who will escort you to Kathmandu along the adventurous serpentine Araniko Highway.

Trip Highlights

Day 1: Day 1: Fly from Kathmandu and arrive Lhasa, hotel transfer and acclimatize day and self explore. Hotel on B/B plan.

Day 2: Day 2-3: Full day Sightseeing in Lhasa City around by Tibetan Guide, In Lhasa visit Potala Palace, Norbulinka, Drepung and Sera monasteries, Jokhang Temple, and Barkhor Bazaar. Hotel on B/B plan.

Day 3: Day 4: Drive from Lhasa to Gyantse passing the Yamdrok Tsho (Turquoise Lake) and

crossing the Karo La pass. Visit The Khumbhum Stupa and Phalkor Monastery. Hotel on B/B plan.

Day 4: Day 5: Drive from Gyantse to Shigatse. Enroute visit Shalu Monastery and Tibetan landscape along the way. Hotel on B/B plan.

Day 5: Day 6: Shigatse - Shakya - Xegar, After visiting the Tashilungpo Monastery drive across Tsoula and Gyatsola pass to Xhegar. Enroute visit Sakya Monastery. Hotel on B/B plan.

Day 6: Day 7: Xegar - Rongbuk Monastery, Drive over Pangla pass to Rongphu Monastery situated below the giant North Face of Mt. Everest. Rongbuk Monastery Guest House on B/B plan

Day 7: Day 8: Mt. Everest Base Camp exploration day, day hike to North Mount Everest Base Camp and Rongbuk Glacier and back to Guest house on B/B plan. 8 kms each way from Rongbuk Monastery Guest House.

Day 8: Day 9: Rongbok - Nylam or Zangmu (Khasa just before Nepal border) via Lalung-La pass, Drive over the Himalayas and down to Tibet-Nepal border town of Nyalam or Zangmu. Enroute visit Milerapa Cave. Hotel on B/B plan.

Day 9: Day 10: Cross Border from Zangmu via friendship bridge into Nepal then drive to Kathmandu, End of Lhasa, Everest base camp to Kathmandu Tour in Kathmandu. Hotel on B/B plan.

Cost Include

- As per itinerary accommodation hotel in Kathmandu with bed and Breakfast on star hotels.
- Tibet Travel permit, Tibetan Guide, All Monastery and Kailash entry Fees and Tibet Visa.
- English/German speaking guide from Nepal and English Speaking guide in Tibet.
- Airport -Hotel - Airport transfer in Kathmandu.
- Fare well dinner and welcome dinner in typical Nepali restaurant.
- Sightseeing as per itinerary in Kathmandu including all entrance fees with guide

Cost Exclude

- Personal expenses for Nepal-Tibet
- Personal Travel insurance and Rescue Evacuation on the tour.
- All expenses of personal nature
- Bar bills and Beverage
- Tips for staff
- Photography charges
- Extra cost incurred in case of Landslide or natural problem.
- Lunch and dinner in Kathmandu as per itinerary

- Nepal visa and Re-Entry Nepal visa. (If you have American Passport We need Extra Visa Cost that Cost 120US\$ per person)
- International Phone calls and media.
- Personal clothes & equipment for trekking tour

Route Map

Joint Group Cost:

US\$