



Himalayan Glory Travels and Tours

"Holiday Planner in Himalayas"

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Lhasa Kailash Tour

Trip Overview

The spiritual journey to Mt. Kailash and Mansarovar lake that caters the highest satisfaction of Hinduism, Buddhism and other magnificence of Himalayan beauty and raw nature.

Kailash tour from Lhasa is one of memorable, sacred and high-rewarding pilgrimage yatra in Tibet, that incorporates the fascinating drive and most of the prime highlights of elevated Tibet's east to west by crossing Himalayan Gangas Brahmaputra River. The tour is an adventure based on deluxe hotels, mud house stay and guided by local Tibetan Guide in the Mount Kailash Trek under the Nepalese Supervision.

The Mansarovar Yatra kicks off after the grand rudraabhishek and hawan in great Hindu temple Pashupatinath. Then, you fly over Himalayas Mt. Everest and visit mild sightseeing tour of Tibet's capital Lhasa city. The major landmarks of Lhasa that hold high cultural and religious significance are the prime highlights. The majestic Potala Palace, Jokhang Temple, Deprung and Sera Monastery and the stroll around lively Barkhor Square are the highlights travelers do not like to ignore at Lhasa.

Now a days the holy Kailash Yatra heads out along the Tibetan Highway and arrives at Shigatse. En route, travelers get to savor the magnificence of Himalayan panorama dominated by Mt. Everest and Mt. Shishapangma, and other Trans Himalayan peaks. The highlights of Gyantse, the town lying on the highway unfolds prehistoric Gyantse Dzong and Shigatse caters incredible Buddhist culture at Tashilunpo Monastery. Continuing the ride via Lhatse and Saga, we arrive to the imaginary center of Universe, Lake Mansarovar. The next few days are challenging enough as we go for Kailash circumnavigation along the elevated trails that even includes the high pass Dolma-La 5630m.

The holy dip travelers take in sacred Mansarovar Lake and the strenuous walk to circumambulate Mount Kailash are considered one of the holiest acts as per the Buddhists and Hindu myths. However, the journey is not attached to its religious significance only, the astounding high altitude landscape, the beauty of nature trail caters are simply the best and the rawest travelers get to see in any part of the world.

Trip Highlights

- **Intimidating views of the highest peak in the world Mt. Everest and other tall snow-capped mountains.**
- **Experience the warm and hospitable culture of the Tibetan community.**
- **Experience the beautiful temples surrounding the beautiful city of Kathmandu.**
- **Explore the beautiful monasteries and sites reflecting the rich history and culture of**

the Tibetan community.

- **Smooth drive along the beautiful landscapes of the Tibetan Plateau.**
- **Sightseeing tour of the iconic landmarks listed in the UNESCO World Heritage Site in Lhasa.**
- **Explore the local markets of the Tibetan Towns.**
- **Enjoy the Tibetan delicacies along the tour made by the locals.**
- **Experience the beautiful view of Mt. Kailash and Mansarovar Lake.**
- **Drive alongside the beautiful and holy Brahmaputra river.**
- **Intimidating views of the Himalayas along with the beautiful views of the Trans-Himalayan landscapes filled with pristine lakes and rivers.**

Day 1: Day 1: Arrival in Kathmandu

Transfer to Hotel

Collect your passport for Visa process.

Evening Pashupainath Aarati (when time applicable is)

Evening dinner

Hotel 5 Star on twin share

Day 2: Day 2: Day Temple Tours

After Breakfast, visit Tallest Shiva Tempel as Saga and Doleshwor Dham (head of Ketharnath) and Back to Lunch.

Jal Narayan (Sleeping Vishun known as Budhanilkantha) temple tour

Back to hotel and rest of the day is free for packing

Hotel - Breakfast,Lunch and Dinner

Day 3: Day 3: Day in Pashupatinath Temple and Tour. (Pashupatinath Temple, Rudraabhishek)

Morning Pashupatinath Darshan and Puja, Hawan and Rudraabhishek by Brahman

Back to hotel and rest of the day is free for packing

Yatra briefing program with yatra crew and manager

Hotel - Breakfast,Lunch and Dinner

Day 4: Day 04: Kathmandu - Lhasa Flight.

After breakfast, drive to Apriprot

Fly to Lhasa over Mt. Everest - Best view of Mount Everest and Trans Himalayan Range

Drive from Lhasa Gonggar airport to Lhasa City 90km.

Check in hotel and to take rest for the acclimatization.

Walk and resfresh

Hotel: Breakfast, Lunch and Dinner

Day 5: Day 05: Lhasa Tour- Tibet. 3656 m.

Day tour in Lhasa

Tours to POTALA PALACE, THE JOKHANG and the surrounding BAKHOR market.

Hotel: Breakfast, Lunch and Dinner and Guiding service

Day 6: Day 06: Lhasa - Sightsee. 3860 m. 5 hours.

Breakfast and process to drive

Drive to Sigatse (the capital of Tibet)

Hotel check in

The Afternoon is for you to explore the Tibet's second largest city Shigatse for one hour, including the world famous Tashilumpo Monastery.

Meal: Breakfast, Lunch and Dinner with guiding service

Day 7: Day 07: Drive to Saga.4650m. 7 hours.

Early morning take breakfast

Drive to Saga and meet our Nepali staff/crew they come from Kathmandu.

Best view of Mt. Everest, Sishspangma and other Himalayan range.

Touch and cross Bramhaputra river

Hotel check in

Meal prepare by our crew: Breakfast, Lunch and dinner

Day 8: Day 08: Saga - to Mansarovar Lake 4580m - 470 kms.7-8 hours.

Breakfast and prepare for journey to Mansarovar Lake

Drive Via Dongba to Mansarovar Lake.

Best view of Tibetan Nomad, Himalayas, Bramhaputra River and wildlife

Lunch at Mayumla Phadi

Cross Mayumla Pass (one of highest pass on the trip)

First darshan of Holy Kailash Parbat and Mansarovar Lake from Hor.

Take a half parikrama of Mansarovar Lake by Bus and stay night at Tsu Gompa (west side of Mansarovar Lake)

Touch the Mansarovar Lake holy water, clean your soul and rest at guest house.

Meal prepare by our staff: Breakfast, Lunch and Dinner

Day 9: Day 09: Mansarovar Lake to Darchen 4600m.

Take a Holy bath from the Mansarovar lake water.

We will choose the special point to take deep dip in Mansarovar Lake taking bath in cold water.

We organize a place for Puja, Hawan and other spiritual activities

After puja and hawan free time.

Lunch and drive to Darchen. From Mansarovar Lake to Darchen (4600 meters - 40 kilometers.)

Get prepare for Kailash Parikrama and walk around.

Meal: prepare by our team: Breakfast, Lunch and Dinner

Day 10: Day 10: Kailash Kora trek to Derapuk 4890m.

Drive Darchen to Yamadwar -gate of the god of death)
Begin the sacred walk to Dirapuk (4890 meters - 11 kilometers) - Monastery.
Very basic dormitory room on sharing basic accommodation available here.
Best view of Kailash Parvat North Face. Can by hike more close.
Rest and refreshment, our crew serve you hotel soup and drinks.
Meal: Breakfast, Lunch and Dinner prepare by our crew.

Day 11: Day 11: Charan Sparsh Walk - Touch Kailash 5590m.

Trek along the Gange River to the Feet of Mt. Kailash
Gradually uphill to the charan Sparsh point and downhill walk back to Derapuk Monastery.
Walking distance and time will be approxmetly 6 to 7 hours and about 12 km.
Mesmering view of Kailash Parvat form the top to the fit with whole north face.
Full yatra support team with guide and emergency oxygen.

Day 12: Day 12: Domma-La Pass 5630m - Zutulpuk 4800m.

One of longest day and the main goal of Kailash Mansarovar Yatra.
After the quick hotel drinks and breakfast start your yatra early morning.
The sacred walk goes through Shivatsal.
Cross highest pass Dolma-La 5630m Pass above sea level and Parvati Kunda
Trek to Zutulpuk Monastery
Takes about 9 to 10 hours walk.
Stay at very basic mud house with dormitory beds in Zutulpuk monastery side.
Meal: prepared by our yatra staff - Breakfast, Lunch and Dinner with hot drinks

Day 13: Day 13: Zutulpuk - Darchen - Saga (4650m) 9 hours.

Breakfast in Morning
2 hours final sacred walk to Chogondo nearby Darchen.
Take a drive back to Darchen.
The holy kailash parikrama and drive back to Saga via Mansarovar Lake to make full kora of Mansarovar.
Hotel check in at Saga.
Meal : Prepared by our kitchen crew- Breakfast, Lunch and Dinner

Day 14: Day 14: Drive to Sigatse (512km) About 7 to 8 hours. Good Hotel.

Final breakfast from our crew at Saga
From here, our crew go back to Kathmandu and only with guides you will drive to Lhasa and take

lunch and dinner in restaurant.

Return journey to Sigatse with the beautiful view of Mt. Everest and Himalayas.

Check in hotel

Meal: Breakfast, Lunch and Dinner

Day 15: Day 15: Sigatse -Lhasa (3680m), 520km, approx 9hrs Yarlung Tsangpo (Brahmaputra river). Hotel

Continue return kailash journey to Lhasa city.

Hotel and Meal: Breakfast, Lunch and Dinner

Get final prepare to exit from Lhasa

Day 16: Day 16: Fly back to Kathmandu

Depart from Tibet, drive to Airport or train station in Lhasa.

Fly back to Kathmandu again with the best view of Mt. Everest Himalaya

Transfer to Hotel and free time

Meal: Breakfast, Lunch and Dinner

Day 17: Day 17: Departure onward destination.

Morning take drive to Pashupatinath Temple Darsha

After breakfast, free morning and final airport transfer or extend your trip.

Cost Include

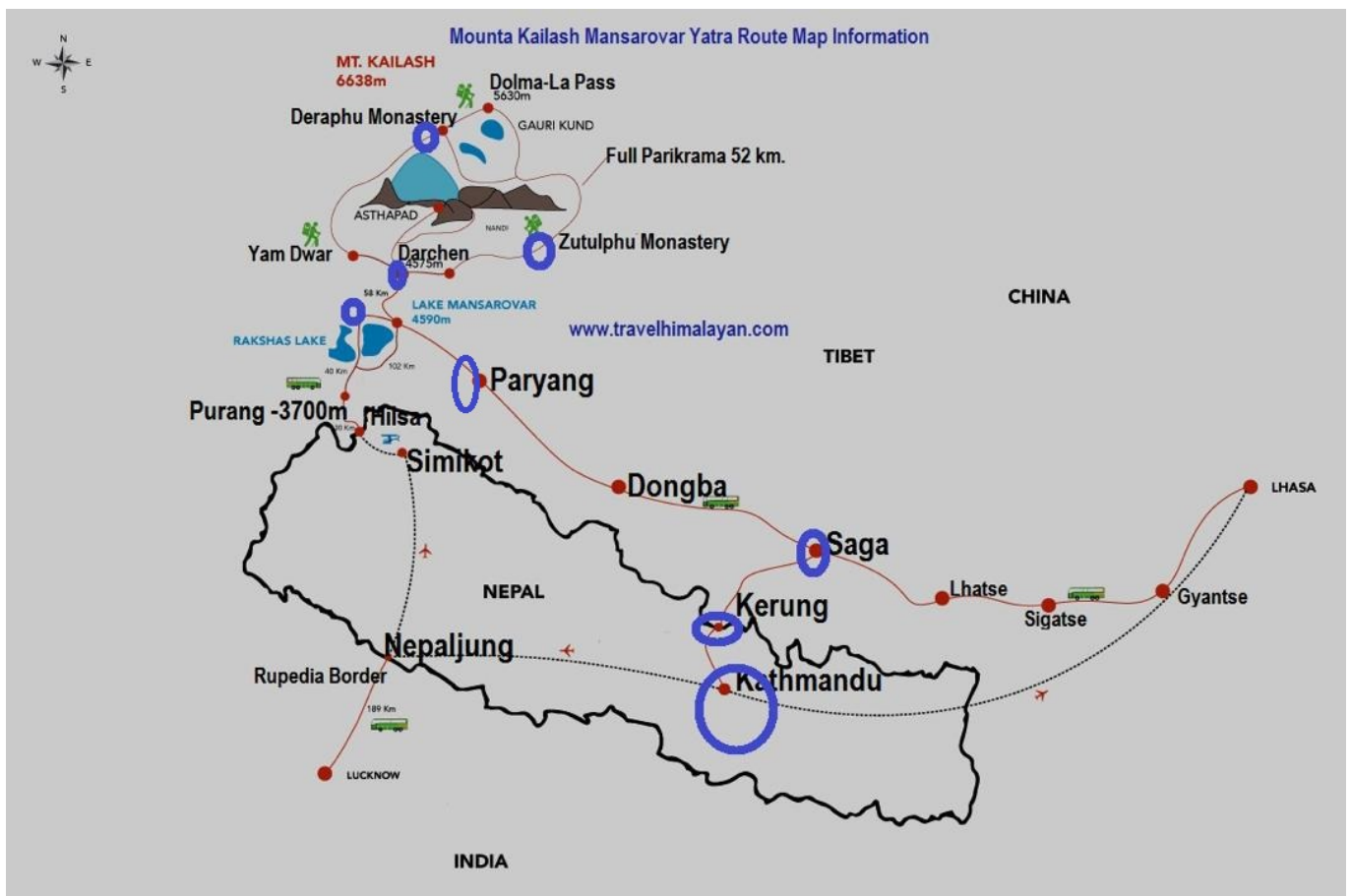
- Airports pick up and drop off service.
- 4 nights 5 star hotel in Kathmandu. (Twin share room).
- Pure vegetarian (breakfast, lunch and dinner) meal as per plan. (Lhasa and Sightsee we use Nepali Restaurant for Vegetarian Meal under supervision with our team.) Rest place we cook our self through our kitchen team and serve you.
- Necessary kailash yatra permits, Chinese visa, kailash entry tickets and applicable government taxes.
- Round trip flight from Kathmandu - Lhasa - Kathmandu.
- 4 Star hotels in Lhasa & Darchen, 4 Star hotels in Sigatse and Saga, very basic mud house in Mansarovar Lake and during kailash parikrama.
- Free kailash yatra duffel bag, down jacket and walking pole (to be refund after the yatra), Yatra bag as complementary.
- Professional, reliable, friendly and service oriented Nepali yatra leader fluent speak in English and Hindi language and English speaking Tibetan guide in Tibet.
- Air condition luxury bus and support truck for carrying yatra bag, equipment, food and staff from Kerung and Lhasa
- Life saving Oxygen tank, mask-regulator support (for emergency) and first aid kit with high altitude sickness medicine.
- Daily health check by our train staff (Pulse Rate, Heart breath, Pressure, Oxygen Level)
- Yaks and yaks man for Derapuk for to carry baggage and kitchen kits.

- Travel insurance for Nepali staff only.
- Free yatra complete certificate.

Cost Exclude

- Personal expenses for Nepal-Tibet
- All expenses of personal nature
- International flight fare
- Bar bills and Beverage
- Tip for staff
- Photography and videography charges
- Personal Travel insurance and Rescue Evacuation on the tour.
- Hiring horse and porter for 3 days parikrama)Aprox 525\$
- Kailash Tour Rescue jeep incase needed if some one go back earlier than group
- Extra cost incurred in case of Landslide or natural problem.
- Nepal visa and Re-Entry Nepal visa. (For roreign passport holder only: 30 US\$ for 15 days and 50US\$ for 30 days visa cost)
- International Phone calls and media.
- Personal clothes & equipment for trekking tour

Route Map



Joint Group Cost:

US\$3950