



Himalayan Glory Travels and Tours

"Holiday Planner in Himalayas"

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Kailash Mansarovar Full moon

Trip Overview

The Kailash Mansarovar Full Moon Tour

Is a spiritual journey that takes devotees to one of the most sacred and enigmatic mountains in the world, Mount Kailash, located in the remote Tibetan Plateau in the Tibet Autonomous Region of China. This tour combines adventure, spirituality, and natural beauty, offering a rare opportunity to experience one of the holiest places in Asia during a full moon. The Mount Kailash Full Moon Tour from Nepal from 2025 May until October.

Mount Kailash and its Significance

Mount Kailash (6,638 meters/21,778 feet) is considered the physical and spiritual center of the universe by several major religions including Hinduism, Buddhism, Jainism, and Bon. It is believed to be the abode of Lord Shiva in Hinduism, and a pilgrimage to Kailash is seen as an opportunity to purify one's soul and attain enlightenment. The mountain is revered for its unspoiled beauty, with its distinctive four-sided peak that rises sharply above the surrounding Tibetan plateau.

The [Kailash Mansarovar](#) region is also significant due to the Mansarovar Lake and Mt. Gorkhandata, which is believed to be the source of spiritual power and a place for deep meditation and purification to get the positive energy for lifetime.

The Mount Kailash Full Moon Tour typically lasts between 15 to 18 days and starts in Kathmandu, Nepal. It involves a combination of overland travel and trekking, culminating in the sacred circumambulation (or Kora/parikrama) of Mount Kailash and the touching the feet of Mt. Kailash from north side (Charan Sparsh). The tour is often timed to coincide with the full moon, which holds special spiritual significance in Hindu, Buddhist and Jain religious traditions.

The typical Mount Kailash full moon yatra adds a magical atmosphere to the already serene surroundings, with the lake reflecting the moonlight. Altitude sickness can be a concern, so proper acclimatization is critical. Most tours build in rest days to help you adjust.

The Kailash Kora (Circumambulation)

The trek around Kailash 52 kilometers (33 miles holy walk) is a physically demanding experience that requires high-altitude acclimatization. The trail passes through remote monasteries, snow-capped peaks, and deep valleys.

The full moon time adds an ethereal glow to the mountain, enhancing the mystical experience of the pilgrimage. Devotees walk in a clockwise direction, as is traditional, performing prayers, chanting mantras, and offering prostrations along the way.

Best Time to Visit

The Mount Kailash Full Moon Tour is usually conducted during specific full moon dates, which generally occur during May to October. This period is considered the best for both weather and spiritual reasons. The peak months for such tours are generally May, June, July, August, September, and October. During these months, the weather is relatively clear, stable, and the trek around Kailash is manageable.

Travel Considerations

Physical Fitness: Given the altitude (up to 5,630 meters on the Kora Dolma-La Pass) and the rugged terrain, trekkers should be in good physical condition and able to handle high-altitude trekking.

Travel Permits: As Tibet is an autonomous region of China, all travelers must obtain a special Tibet Travel Permit, which is usually arranged through a licensed Kailash Tour Operator from Nepal. You also need a Chinese visa that comes in a group base paper.

Cultural Sensitivity: Mount Kailash is a deeply sacred site, so it's important to be respectful of local customs, dress codes, and religious practices.

Respect for Local Culture: Mount Kailash is sacred to millions of people, so always act respectfully, avoid loud behavior, and maintain a peaceful, reflective demeanor.

Whatever, the Mount Kailash Full Moon Tour is a once-in-a-lifetime opportunity for those seeking both a physical and spiritual journey. It's more than just a trek and tour; it's a pilgrimage that challenges you physically, mentally, and spiritually. The chance to witness the full moon's glow over the sacred mountain and the surrounding landscape adds a profound, almost mystical element to the experience. If you're looking for a unique pilgrimage adventure that blends nature, culture, and spirituality, the Mount Kailash Full Moon Tour is an unforgettable choice.

Trip Highlights

- **Sacred Parikrama around Mount Kailash:** This spiritual circle trek is one of the main attractions of the Kailash tour. Many believe that completing the Kora/parikrama brings spiritual benefits, get the positive energy including the washing away of past sins.
- **The Holy Lake Mansarovar:** The serene, high-altitude lake is an important part of the journey, and many pilgrims take a ritual worship nearby lake in its waters. Hindu Brahman/Guru perform the spiritual puja (Rudrabhishek and Hawana)
- **Full Moon Experience at Mansarovar Lake:** Pilgrims believe that the full moon amplifies the spiritual energy and the feeling of heaven, some believe that night Lord Shiva and Goddess Parvati come together to take holy bath in the lake at mid night time with the face of star. Making this a particularly powerful time for the journey is one of lifetime experience.
- **Tibetan Culture:** Experience the unique Tibetan way of life, from traditional monasteries and prayer flags to local customs and cuisine.
- **High-Altitude Trekking:** The journey involves trekking at altitudes of over 4,500 meters, providing a true test of endurance and stamina.

Day 1: Day 01: Arrival in Kathmandu - Tibet Visa process

Day 2: Day 02: Spiritual day in Kathmandu and Kailash tour preparation

Day 3: Day 03: Rudrabhishek and Temple day in Kathmandu - Kailash tour preparation.

Day 4: Day 04: Journey to China border - Timure/Ghatte khola.

Day 5: Day 05: Chinese custom process and enter to Tibet -Kerung

Day 6: Day 06: Yatra from Kerung to Saga stay near by Brahmaputra River

Day 7: Day 07: Bus Journey to Parayang small Tibetan city

Day 8: Day 08: Travel to Mansarovar Lake Darshan of Mt. Kailash Parvat. Full moon night stay at nearby lake.

Day 9: Day 09: Full day at Mansarovar Lake and Spiritual day - Travel to Darchen

Day 10: Day 10: Kailash Parikrama day one from Yamadwar

Day 11: Day 11: Kailash Parikrama day two - Charan Sparsh Walk to touch Mt. Kailash (optional)

Day 12: Day 12: Kailash Parikrama day three, Dolma-La pass 5630m to Zutulpuk Gompa.

Day 13: Day 13: Kailash Kora day four back to Darchen and drive back to Saga

Day 14: Day 14: Travel back from Saga to Kerung - Last night in Tibet

Day 15: Day 15: Kerung to Kathmandu and last night stay in Kathmandu.

Day 16: Day 16: Final transfer to airport.

Cost Include

- As per itinerary hotel accommodation in Kathmandu on 5 star hotel.
- Hotel in Kathmandu - 4 nights in Hotel Radisson or Similar on twin/double sharing.
- Hotel in Sybarubashi/Timure - 1 night in neat and clean guest house twin/double sharing with

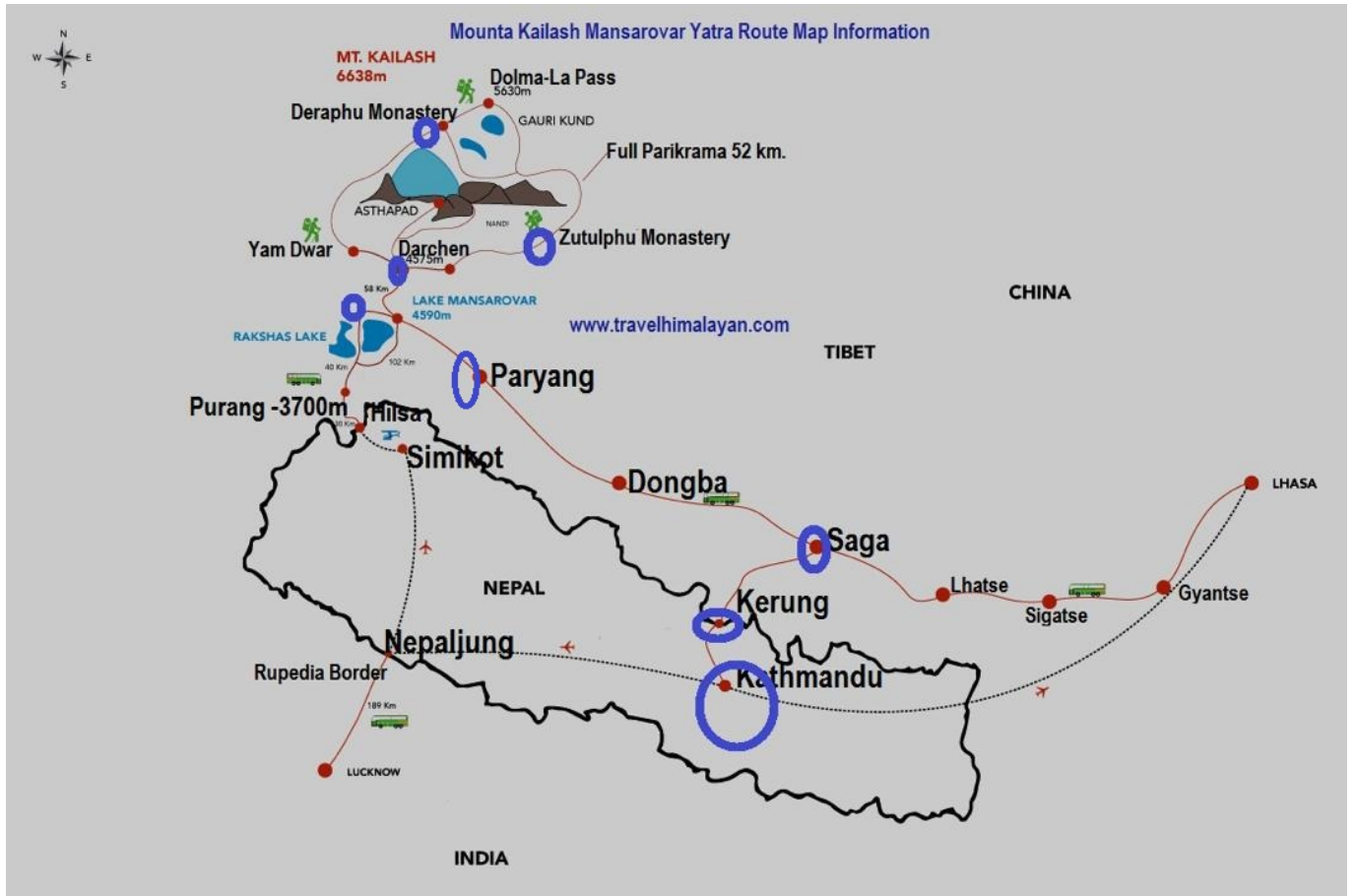
common bath/hot shower.

- Hotel in Keyrong/Tibet - 2 nights in neat and clean 3 star hotel double/twin sharing.
- Hotel in Saga Tibet - 2 Nights neat and clean 4 star hotel China or similar on twin/triple sharing.
- 3 Star Hotel in Parayang in twin/triple sharing.
- Mud house/guest house in Mansarovar Lake - 1 Night neat and clean guest house on multiple sharing, outside bathroom without running water.
- Hotel in Darchen - 1 night multiple sharing hotel Himalaya or similar with limited time hot shower and private bath.
- Lodge in Kailash Kora - 2 nights at Dirapuk monastery and 1 night in Zutulpuk Monastery multiple sharing mud house, outside bathroom without running water, need to use toilet paper.
- Special puja entry ticket to Pashupatinath darshan, Rudraabshishek, Hawan by pandit.
- Yatra Support Team crews - Cook, Cook helper, guide and driver.
- Fresh cooked vegetarian meal by our cook. Hot and cold drinking with unlimited mineral water to drink.(Breakfast, Lunch, Dinner).
- Tibet Travel permit and group Visa, Tibetan Guide, All Monastery and Kailash entry permits.
- Complementary kailash yatra duffel bag, light weight backpack, down jacket and walking pole (to be refund after the yatra), Yatra bag as complementary.
- Professional, reliable, friendly and service oriented Nepali leader fluent speak in English and Hindi language and English speaking Tibetan guide in Tibet.
- Air condition luxury bus and support truck for carrying yatra bag, equipment, food and staff. (Chinese side Chinese bus and Nepal Side Nepali Bus)
- Life saving Oxygen tank, mask-regulator support- we offer high quality portable oxygen tank that use for Everest Expedition, it ensure 100 and can be use long time is needed (for emergency) and first aid kit with high altitude sickness medicine.
- Daily Health check by our train staff (Pulse Rate, Heart breath, Pressure, Oxygen Level)
- Yaks and yaks man to kailash kora for Baggage and Kitchen.
- Travel insurance for Nepali staff only.
- Free yatra complete certificate.

Cost Exclude

- Personal expenses for Nepal-Tibet
- Personal Travel insurance and Rescue Evacuation on the tour.
- All expenses of personal nature
- Bar bills and Beverage
- Tips for staff
- Kailash Tour Rescue jeep encase needed if some one go back earlier than group
- Extra cost incurred in case of Landslide or natural problem.
- [Nepal visa and Re-Entry Nepal visa](#). (If you have American Passport We need Extra Visa Cost that Cost 120US\$ per person)
- International Phone calls and media.
- Personal clothes & equipment for trekking tour

Route Map



Joint Group Cost:

US\$2950